



COVID-19 SAFETY PLAN

RMYC Port Hacking Sailing

Club	RMYC Port Hacking Sailing
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Revision	Date	
1.0	29/05/2020	Initial release
2.0	17/05/202	Appendix, sailing processes -updated

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1. Introduction

The purpose of this COVID-19 Safety Plan is to provide an overarching plan for the implementation and management of procedures by RMYC Port Hacking Sailing (the Club) to support its members and participants in the staged resumption of club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of RMYC Port Hacking Sailing, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at RMYC Port Hacking Sailing activities and facilities.

This Plan includes, but is not limited to, the conduct of:

- a. competition activities ; and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Sailing cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process the Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. The Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

The full Committee of RMYC Port Hacking Sailing retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Sailing Committee's Risk Sub-committee is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Sailing Committee's Risk Sub-committee has appointed the following person as the COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	William Dickson
Contact Email	mobybill@iinet.net.au
Contact Number	0428927071

RMYC Port Hacking Sailing expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by the Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

The Plan outlines specific sport requirements that RMYC Port Hacking Sailing will implement for Level C of the AIS Framework.

Sailors should come dressed ready to board and race. On completion, drop off and return home.

The Club House facility is the Royal Motor Yacht Club at 228-232 Woollooware Road, Burraneer, NSW, 2230. No official functions such as post-race presentations or social events will be organised at current Level C status.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVID Safe Australia

NSW Sailing will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the initial AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

On 21st May 2020, the Club was informed by the Regional Manager of Australian Sailing of the following relevant details:

The NSW Office of Sport has subsequently advised us that it will not be following the National Cabinet endorsed Framework for Rebooting Sport in a COVID-19 Environment developed by the Australian Institute of Sport (AIS) on Friday 1 May 2020. It will instead rely solely on the NSW Public Health Orders. Today's update provides for further details due to an [exemption](#) from the 4m² rule for recreational boating, provided 1.5m social distancing that it is still maintained as reasonably practicable. The Office of Sport has clarified that Sailing events are now also permitted, provided that the Public Health Orders are adhered to.

This Plan has been developed considering this more current information.

5. Recovery

When public health officials determine that the outbreak has ended in the local community, NSW Sailing will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. NSW Sailing will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of NSW Sailing will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems. Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow a return to competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur. • NSW Sailing approval to return to training/competition for community sport. • Club committee has approved return to competition for club.
Sailing Processes	<ul style="list-style-type: none"> • Skippers to exclude crew persons if they have attended any of the reported case locations listed on the NSW Health website (nsw.gov.au/covid-19/latest-news-and-updates). • 10 persons maximum per boat; • Sharing of equipment (winch handle, sheets and halyards) should be avoided and if necessary, should be kept to a minimum • Keep a distance of 1.5 metres where reasonably practicable. Passing in the cockpit or on deck is permitted; • Follow the one person per 4 square metres rule ashore to ensure sufficient physical distancing between people • Maintain a physical distance of 1.5m and not share equipment. Recreational boating is exempt from the 4m² rule. i.e.- Sitting close to other people on the rail of a yacht is not maintaining social distancing, but working together to tack, gybe or round a mark is acceptable • Avoid physical contact • Arrive dressed and ready to sail • Results will be on the web after each race; • No Official Sailing Presentations or Functions will be conducted until further Covid Restrictions are reviewed. • Skippers identified to be not complying with this Plan shall be denied race results and race entry.
Personal health	<ul style="list-style-type: none"> • Get in, Sail and get out; Sailors should come dressed to race. On completion drop off and return home

	<ul style="list-style-type: none"> • Stay home if you have a cough, are unwell or have a high temperature. • Skippers to provide hand wash/sanitizer and ensure crew know the current COVID rules and restrictions • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc • We encourage the use of COVIDSafe App whilst engaging in activities associated with PH Sailing • Bring your own water bottles, towels and other personal equipment to avoid sharing equipment where possible
Hygiene	<ul style="list-style-type: none"> • Skippers to provide hand wash/sanitizer and ensure crew know the current COVID rules and restrictions • Any crew member presenting with symptoms should not be allowed on board. • Ensure good hand hygiene before and after sailing • Don't share drinks or towels
Communications	<ul style="list-style-type: none"> • Prior to competing on a race day, Skippers shall ensure that their crews are briefed and comply with the PH Sailing Covid-19 Safety Plan • Prior to a Yacht competing in a race series the Skipper shall confirm by signature that he/she is prepared to comply with this Plan. • Contact Tracing records shall be provided for each race by the respective Skipper completing the "Race Day Crew Register" form on the relevant race website page • This Plan and relevant state and medical references with internet hyperlinks are available on the PH Sailing Website.

Part 2 – Facility Operations – Not Applicable

No official functions, such as post-race presentations or social events, will be organised at current Level C status.